




# Kindergarten Readiness

**Presented by  
Northvale Public Schools**

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# Readiness for Kindergarten



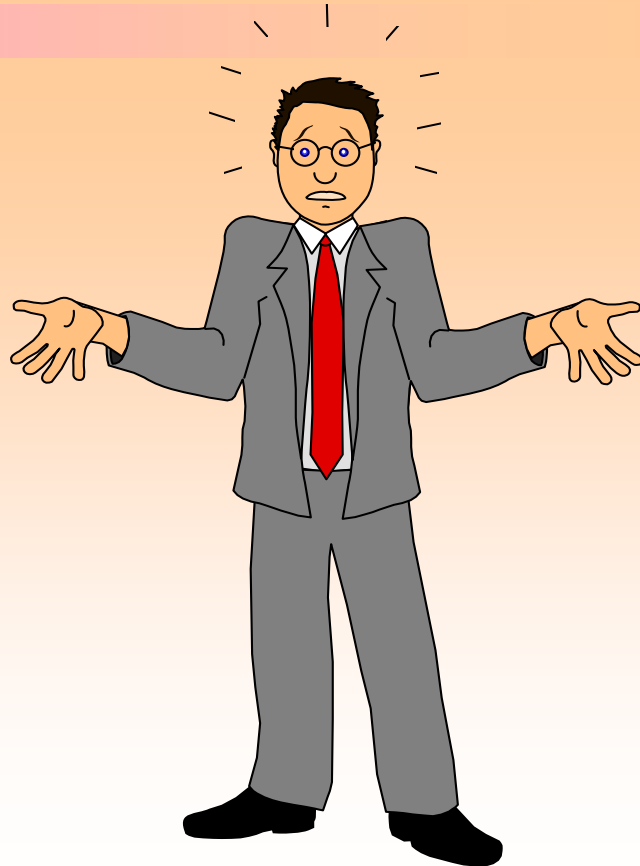
Readiness is a term used to describe preparation for what comes next: school readiness requires much more than just learning. It requires that children be physically, emotionally and socially mature.



# Consider this...

**Children are born when they are ready,  
crawl when they are ready,  
walk when they are ready ,  
talk when they are ready,  
and go to school when they are told to.**

# Is your child ready for kindergarten?



3/5/2009



# How can I tell if my child is ready for Kindergarten?

Kindergarten teachers expect that the children will be able to:

- Follow spoken directions and obey rules
- Listen without interrupting
- Get along with others
- Follow directions with two or more details
- Use the bathroom without help
- Put on and take off shoes and coats without help
- Use words to express feelings
- Respect the property of others
- Work within the time constraints of the school program



# Before kindergarten begins, give your child opportunities to :

- **Play** – free play encourages imagination and play with other children encourages social skills
- **Art projects** – give your child markers, paints, paper, scissors, and other art supplies to encourage fine motor skills requiring eye-hand coordination
- **Read and write** – read stories together, talk about the story and pictures to help your child learn language, ask questions about the stories for comprehension, find letters in signs, practice writing letters, and writing their names
- **Use numbers** – play counting games, keep score, measure things, write numbers and patterns



# Encourage Self-Help Skills

Before kindergarten begins, make your child more responsible for self-help skills.


They should begin to be responsible for daily routines such as:

- Getting themselves dressed
- Caring for their belongings
- Cleaning up after themselves
- Household chores such as setting the table, caring for pets, or putting clean clothes away
- Going to bed at a regular time
- Set a routine



# Now is the time to consider...

What are the long term effects of the decision you make now?

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- Consider beyond kindergarten, middle school and high school will come quicker than you think
  - Gift of time
  - Youngest versus oldest
  - Struggle versus ease



## What can I Do to help me with this decision?

- Talk to your child's preschool teacher about their recommendation, they know your child as a student.
- Search for articles on the internet- when you type in Kindergarten Readiness there are 165,000 articles for you to read. There is no shortage of advice or opinions!
- There will be time at the end of this program to speak to any of us to discuss specific concerns you might have regarding your child and this decision.